

# SPECIAL FORCES

## ULTIMATE HELL WEEK

12 DAYS. 6 ELITE SPECIAL FORCES.

**CAN YOU SURVIVE TV'S HARDEST CHALLENGE?**

Special Forces: Ultimate Hell Week is back for a second series. We're looking for the toughest people in the country to take on a challenge usually reserved for the world's most elite soldiers.

Our candidates will attempt a uniquely constructed programme based on Special Forces entry selection and tactical training techniques.

This is the ultimate test of endurance - only the fittest, strongest, bravest and most determined need apply.

If you're looking to test yourself to the utmost extremes and think you have what it takes to survive under the instruction of the Special Forces, then email [specialforces@bbc.co.uk](mailto:specialforces@bbc.co.uk) for an application form or go to the link below to apply:

[http://www.bbc.co.uk/showsandtours/takepart/special\\_forces16](http://www.bbc.co.uk/showsandtours/takepart/special_forces16)



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